



BIWPA

BARCELONA INTERNATIONAL
WATER POLO ACADEMY

WELCOME

**SAN DIEGO SHORES
GIRLS**

TEAM TRAINING CAMP
March 26 - April 4, 2023

PROVISIONAL SCHEDULE - VERSION 2



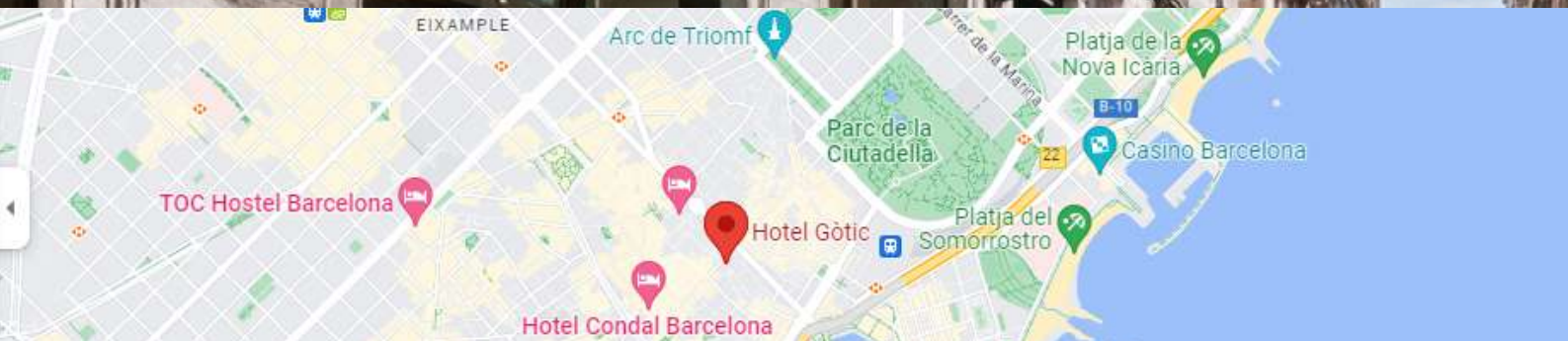
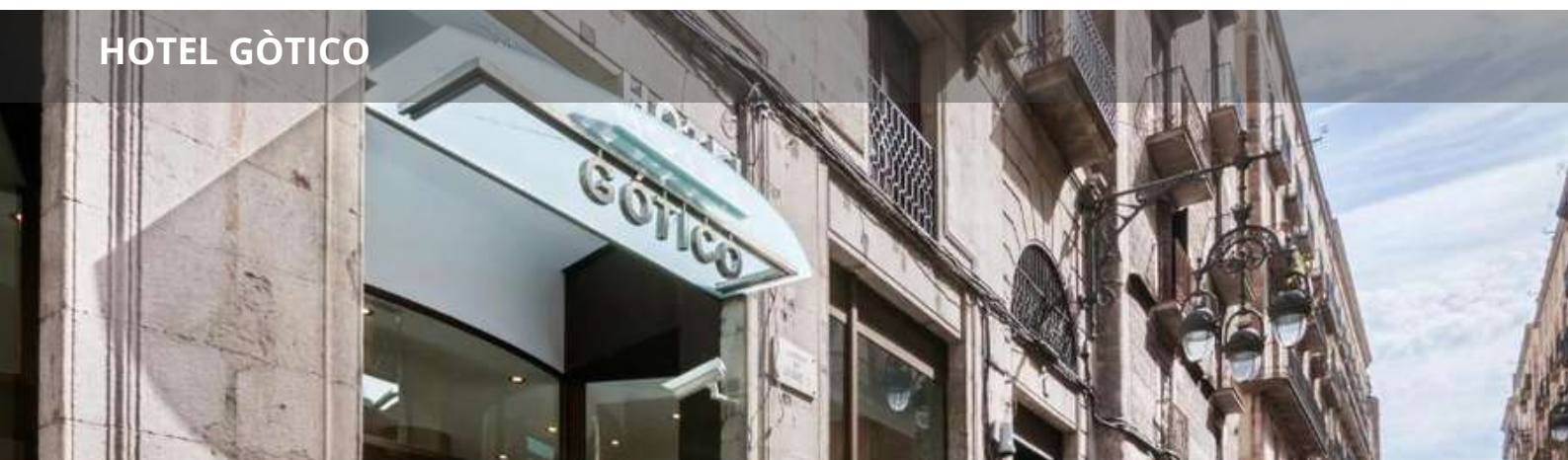
Hi! Welcome to BIWPA Team Training Camp!

We're very glad to have you with us, and we hope you enjoy your stay in Barcelona.

We've made this brochure so you can learn a little bit more about your experience here, so let's get started!

THE HOTEL AND THE SURROUNDINGS

HOTEL GÒTICO



HOTEL GÒTICO

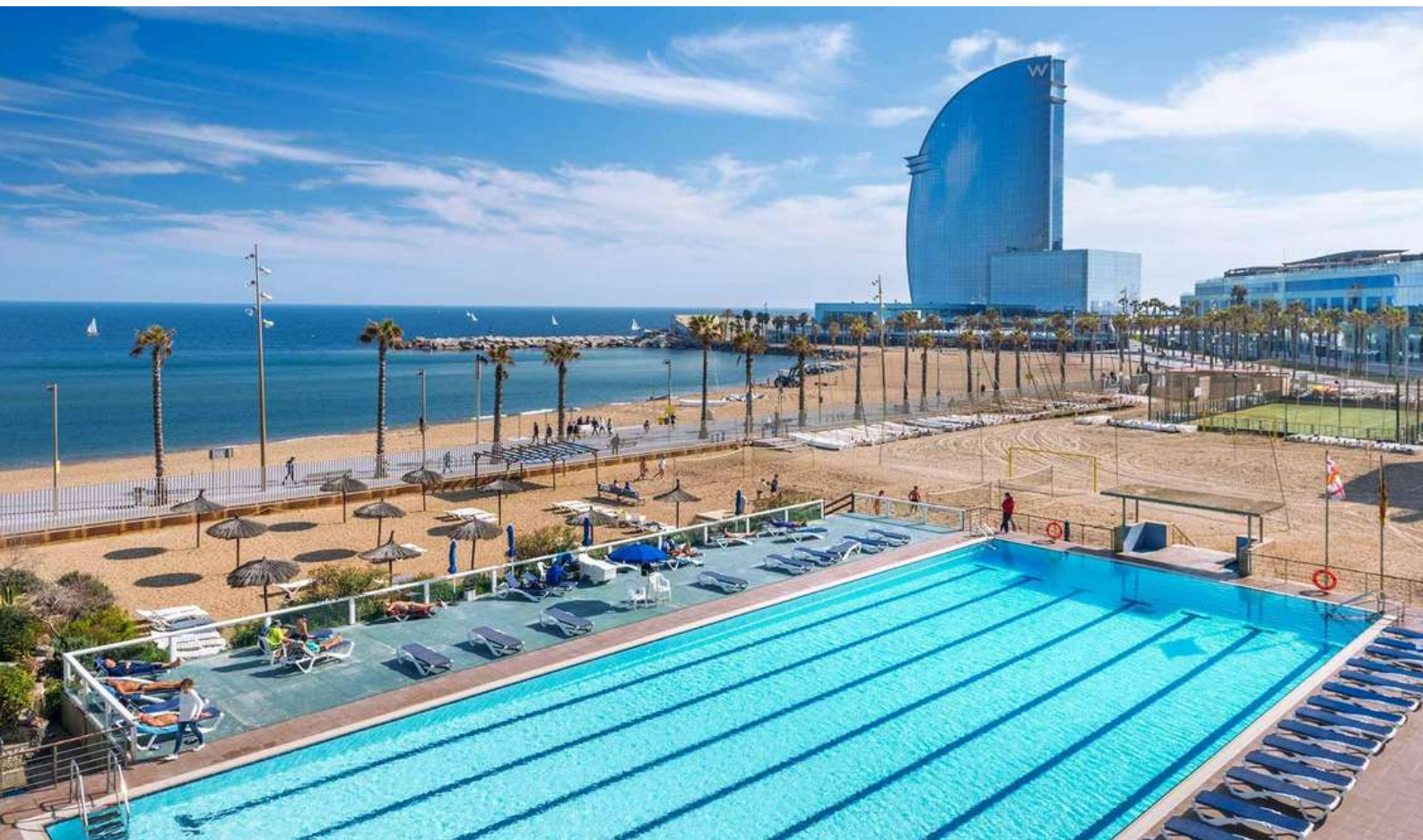
Address: C. de Jaume I, 14, 08002 Barcelona

Phone: +34 933 15 22 11

Website: <https://www.hotelgotico.com/>

PROVISIONAL SCHEDULE

SUNDAY, March 26th						
🕒	TIME	↔️	ACTIVITY	📍	LOCATION	👤
	09:00		Arrival to Barcelona		El Prat Airport	Cynthia + Ljubica
	10:15		Transport to hotel		Hotel Gòtic	Ljubica
	11:15		Leave luggage		Hotel Gòtic	Ljubica
	12:00		Transport to lunch		Walk / Public transport	Ljubica
	13:00		Lunch (girls + boys)		Vista Mare	Cynthia
	15:00 - 17:30		Training		Club Natació Barcelona	Cynthia
	18:30		Dinner (girls + boys)		Tagliatella (Palau de Mar)	Cynthia
	20:00		Transport to hotel		Public transport (5') or walk (10')	Cynthia



PROVISIONAL SCHEDULE

MONDAY, March 27th

🕒 TIME	↔️ ACTIVITY	📍 LOCATION	👤
08:45	Breakfast	Hotel Gòtic	
10:00 - 10:45	Transport to pool	Private bus	Cynthia
11:00 - 13:00	Training (2h)	CN Molins de Rei	Cynthia
13:15 - 14:00	Transport to lunch (⚠️ short timing!)	Public transport	Cynthia
14:00	Lunch	El Racó (Rambla Catalunya)	Cynthia
15:30 - 18:30	Sightseeing (Bus Tour)	Barcelona Bus Tour	Mathias
18:30 - 19:20	Transport to pool	Public transport	Yuri
19:45 - 20:45 20:45 - 21:45	U16 scrimmage vs. Sant Andreu U18 scrimmage vs. Sant Andreu	Club Natació l'Hospitalet	Yuri
21:45	Dinner	Picnic dinner	Cynthia
22:00	Transport to hotel	Private bus	Cynthia



PROVISIONAL SCHEDULE

TUESDAY, March 28th

🕒 TIME	↔️ ACTIVITY	📍 LOCATION	👤
08:45	Breakfast	Hotel Gòtic	
09:45	Transport to pool	Private bus	Cynthia
10:45 - 12:15	Training	CN Montjuïc	Cynthia
12:35 - 13:00	Transport to lunch	Public transport	Cynthia
13:00	Lunch	Tapa Tapa (Las Arenas)	Cynthia
15:30 - 18:30	Free time	Las Arenas shopping Plaça Espanya + Fonts Monjuïc	-
18:45	Dinner (before scrimmage)	Las Arenas	Cynthia
20:00	Transport to pool U16 Transport to pool U18	CN Hospitalet AESE	Yuri Ameyali
20:45 - 22:00 21:15 - 22:30	U16 scrimmage vs. CN Catalunya U18 scrimmage vs. AESE	CN Hospitalet AESE	Yuri Ameyali
22:15 22:45	Transport to hotel	Public transport	Cynthia Ameyali



PROVISIONAL SCHEDULE

WEDNESDAY, March 29th

🕒 TIME	↔️ ACTIVITY	📍 LOCATION	👤
08:45	Breakfast	Hotel Gòtic	
10:00 - 10:45	Transport to pool	Private bus	-
11:00 - 13:00	Training	CN Molins de Rei	-
13:15 - 14:00	Transport to lunch	Public transport	Anna
14:15	Lunch	La Fonda	Anna
TBC	Sightseeing	Park Güell	Cynthia
19:00 - 19:40	Transport to pool	Public transport	Cynthia Yuri
20:00 - 21:30 20:30 - 21:45	U16 scrimmage vs. CNSF (BIWPA) U18 scrimmage vs. UE Horta	Club Natació l'Hospitalet UE Horta	Yuri Ameyali
22:30 22:00	U16 Dinner U18 Dinner	El Racó (Urquinaona) UE Horta	Cynthia Ameyali
21:45	U16 Transport to hotel (before dinner) U18 transport to hotel (after dinner)	Public transport	Cynthia Ameyali



PROVISIONAL SCHEDULE

THURSDAY, March 30th

🕒 TIME	↔️ ACTIVITY	📍 LOCATION	👤
08:45	Breakfast	Hotel Gòtic	
10:00 - 10:45	Transport to pool	Private bus	-
11:00 - 13:00	Training	CN Molins de Rei	-
13:15 - 14:00	Transport to lunch	Public transport	-
14:15	Lunch	Casa Carmen (Pl.Catalunya)	Cynthia
17:15	Sightseeing	Sagrada Familia	Cynthia
18:30 - 19:15	Transport to pool	Public transport	Mathias Ameyali
19:30 - 20:45 20:45 - 21:55	U16 scrimmage vs. CN Mediterrani U18 scrimmage vs. CN Mediterrani	CN Mediterrani	Mathias Ameyali
22:15	U16 dinner U18 dinner	CN Mediterrani	Ameyali
23:15	Transport to hotel	Public transport	Ameyali



PROVISIONAL SCHEDULE

FRIDAY, March 31st

🕒 TIME	↔️ ACTIVITY	📍 LOCATION	👤
07:15	Breakfast	Hotel Gòtic	
08:00 - 08:45	Transport to pool	Private bus	-
09:00 - 11:00	⚠️ Training <i>New training time</i>	CN Molins de Rei	-
13:15 - 14:00	Transport to lunch	Public transport	-
14:15	Lunch	Les Quinze	Anna
15:00 - 17:45	U18 Rest / Free time	Hotel Gòtic	-
15:00 - 15:30 17:45 - 18:15	U16 Transport to pool U18 Transport to pool	Public transport	Anna Ljubica
16:00 - 17:30 18:45 - 20:15	U16 scrimmage vs. Horta U18 scrimmage vs. CNAB	UE Horta Club Natació Atlètic Barceloneta	Anna Ljubica
18:00 20:30	Transport to hotel	Public transport	Anna Ljubica
20:00 21:00	Dinner U16 Dinner U18	Hotel Rialto	-



PROVISIONAL SCHEDULE

SATURDAY, April 1st

🕒 TIME	↔️ ACTIVITY	📍 LOCATION	👤
09:30	Breakfast	Hotel Gòtic	
10:00 - 11:00	Free time	Hotel Gòtic	
12:00 - 13:00	Watch PRO game Women CNAB vs. Rubí	Club Natació Atlètic Barceloneta	Cynthia
13:30	Lunch	Makamaka Burger	Cynthia
15:00	Transport to Tibidabo	Private bus	Mathias
15:45 - 16:45	Free time in Tibidabo	Tibidabo	Mathias
16:45 - 17:30	Transport to CNB	Private bus	Mathias
18:00 - 19:00	Watch PRO game MEN CNB vs. Terrassa (Optional)	Club Natació Barcelona	Mathias
19:10	Transport to hotel	Public transport	-
20:30	Dinner	Hotel Rialto	-



PROVISIONAL SCHEDULE

U16 RUBÍ - SUNDAY, April 2nd

TIME	ACTIVITY	LOCATION	
08:00	Breakfast	Hotel Gòtic	-
08:30 - 9:15	Transport to tournament U16	Private bus U16	Cynthia
9:45 - 11:00 11:00 - 12:15	SD Shores vs. Lamorinda (boys) SD Shores vs. Lamorinda	Club Natació Rubí	Cynthia
12:15 - 13:45 12:30 - 13:30	CN Rubí vs. Lamorinda (boys) Lunch	Club Natació Rubí	Cynthia
14:30 - 15:45	Lamorinda vs. CN Rubí	Club Natació Rubí	Cynthia
15:45 - 17:00 17:00 - 18:15	SD Shores vs. CN Rubí (boys) SD Shores vs. CN Rubí	Club Natació Rubí	Cynthia
18:30	Transport to hotel U16	Private bus U16	Cynthia
20:30	Dinner	Hotel Rialto	-

U18 SANT FELIU - SUNDAY, April 2nd

TIME	ACTIVITY	LOCATION	
09:00	Breakfast	Hotel Gòtic	-
10:00	Transport to tournament U18	Public transport U18	Ferran F.
11:30 - 12:30 12:30 - 13:30	SD Shores vs. CNSA SD Shores vs. CN Catalunya (boys)	Club Natació Sant Feliu	Yuri
13:15	Lunch	Bar l'Ateneu	Yuri
13:30 - 14:30 14:30 - 15:30	CNSA vs. CNSF BIWPA / CN Catalunya (boys)	Club Natació Sant Feliu	Yuri
15:30 - 16:30 16:30 - 17:30	SD Shores vs. CNSF SD Shores vs. CNSF (boys)	Club Natació Sant Feliu	Yuri
18:15	Transport to hotel	Public transport U18	Ferran F.
20:30	Dinner	Hotel Rialto	-

PROVISIONAL SCHEDULE

MONDAY, April 3rd

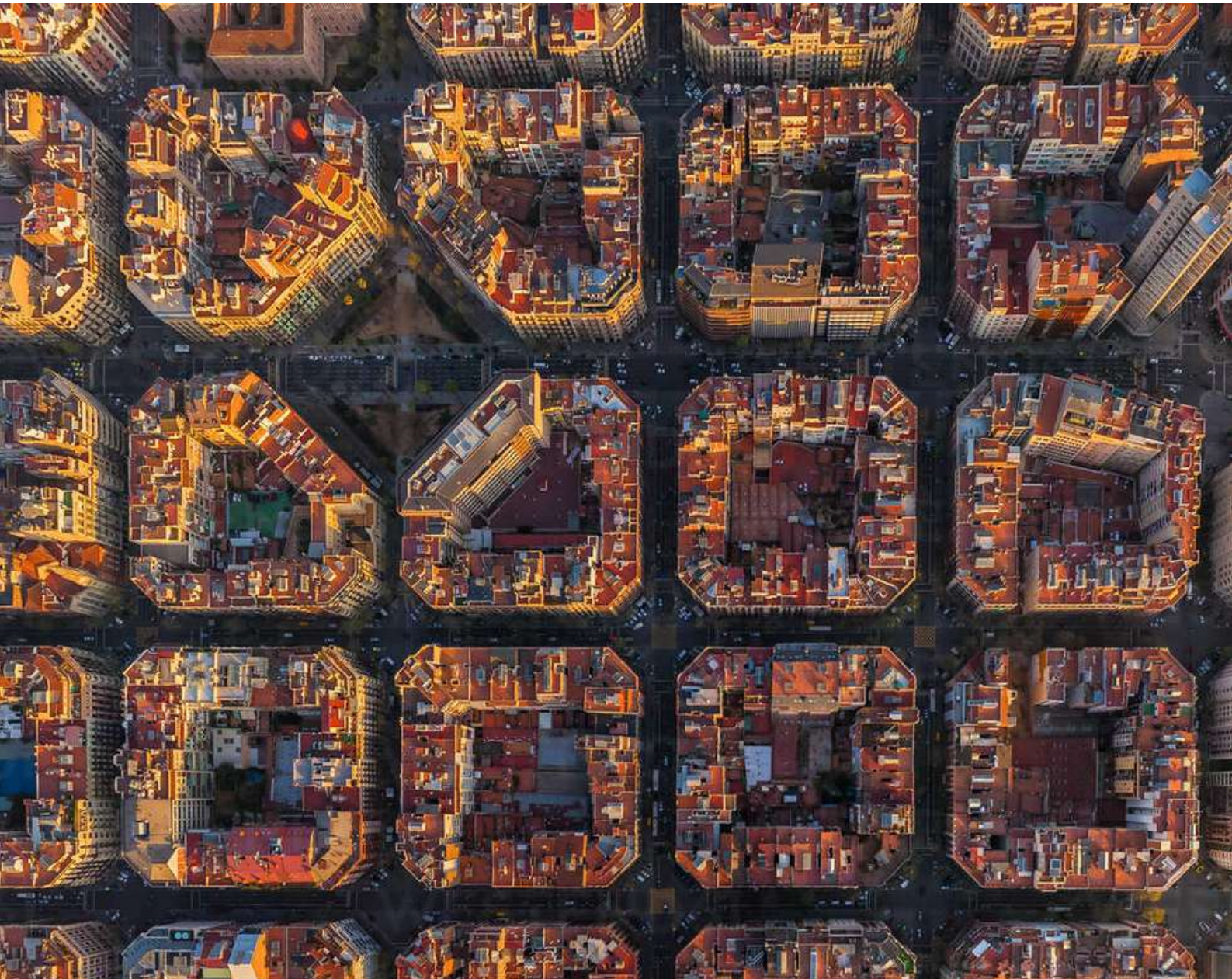
🕒 TIME	↔️ ACTIVITY	📍 LOCATION	👤
8:45	Breakfast	Hotel Gòtico	
09:15 - 10:15	Transport to Sabadell (pick up boys later)	Private bus	Cynthia
11:00 - 12:30 12:30 - 14:00	Scrimmage vs. CN Sabadell U16 Scrimmage vs. CN Sabadell U18	CN Sabadell	Cynthia
14:00	Walk to restaurant	-	Cynthia
14:15	Lunch	Red Bar Sabadell	Cynthia
15:30	Walk to pool	-	Cynthia
16:00 - 19:00 16:30 - 18:30	Watch boys games (Training girls TBC)	CN Sabadell	Cynthia
19:30 - 20:30	Transport to dinner	Public transport (Train)	Cynthia
21:00	Farewell Dinner	La Dolça Herminia	Cynthia
22:15	Transport to hotel	Public transport	Cynthia



PROVISIONAL SCHEDULE

TUESDAY, April 4th

🕒 TIME	↔️	ACTIVITY	📍 LOCATION	👤
9:00		Breakfast	Hotel Gòtic	-
10:15		Transport to airport	Private bus	-
11:15		Barcelona Airport	Barcelona Airport	-



OUR TEAM

You may not meet all of us, but our team will help you through your stay. For any doubts or questions, you can call or write any of us an e-mail. Make yourself at home and meet our staff.



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**We wish you an unforgettable experience,
and we hope you enjoy training with BIWPA!**